

PARASITOLOGI: SOIL TRANSMITTED HELMINTHS (STH)

Dr. Yanti Rahayu S.Tr.Kes., M.Biomed.



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KATA PENGANTAR

Puji syukur ke hadirat Tuhan Yang Maha Esa atas tersusunnya buku referensi yang berjudul *Parasitologi: Soil Transmitted Helminths (STH)*. Buku ini hadir untuk memberikan pemahaman mengenai kelompok cacing parasit yang penularannya melalui tanah, termasuk spesies utama, siklus hidup, mekanisme infeksi, serta dampaknya terhadap kesehatan manusia. Melalui buku ini, pembaca diharapkan dapat memahami aspek biologis dan medis dari infeksi STH serta upaya pencegahan dan pengendaliannya di masyarakat.

Buku ini ditujukan untuk masyarakat umum agar mudah dipahami oleh berbagai kalangan, tidak hanya mahasiswa kedokteran, keperawatan, atau analis kesehatan, tetapi juga masyarakat yang memiliki minat terhadap ilmu parasitologi dan kesehatan lingkungan.

Jakarta, Juli 2026

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Buku referensi berjudul **Parasitologi: Soil Transmitted Helminths (Sth)** ini membahas kelompok cacing parasit yang penularannya terjadi melalui tanah dan masih menjadi masalah kesehatan di berbagai wilayah. Pembahasan mencakup jenis-jenis utama, cara penyebaran, siklus hidup, serta dampaknya terhadap kondisi tubuh manusia.

Selain itu, dijelaskan juga bagaimana infeksi dapat terjadi dalam aktivitas sehari-hari serta langkah-langkah sederhana untuk mengurangi risiko penularan melalui kebersihan lingkungan dan perilaku hidup sehat.

Buku ini disusun untuk masyarakat umum agar lebih mudah memahami bahaya infeksi cacing dari tanah dan pentingnya pencegahan sejak dini dalam kehidupan sehari-hari.